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Educational Qualification: M. Pharm

Year of Registration: 2015

Project Supervisors: Dr.S.Ponnusankar, HOD, Dept of Pharmacy Practice

Research Abstract:

I am working on a prospective open label multi centric interventional study on insulin resistance and oxidative stress in prediabetes. Around 77.2 million people in India are suffering from prediabetes. Data on IGT and IFG are urgently needed as they are indicators of future diabetes prevalence and burden on the nation. Early identification of the high risk individuals would help in taking appropriate intervention in the form of life style modifications and preventive pharmacotherapy to prevent or at least delay the onset of diabetes. My study compares the efficacy of antioxidants and different life style modifications to other anti diabetic drugs in prediabetes management.

Fellowships: Currently on Women Scientist Scheme-B (WOS-B) Fellowship- Department of science and technology

Awards & Scholarships

G Pat 2011 Qualified and Aailed Fellowship 2 Years for M.pharm (2012-2014)

Way Forward:

I would like to position myself in Research and Development in the area of Diabetes since i am working on diabetes last 6 years. My area of interest includes clinical project design, Pharmacovigilance and Grant Writing. I would like to be involved in human observational or therapeutic studies, protocol design/writing for human sample, observational/retrospective or therapeutic studies. I would definitely apply for clinical research postdoctoral fellowship to keep myself updated and find innovative ways to advance research for improved patient outcomes and health policies.